

General Studies:

Physical Education, Exercise Science, and Sport Studies

Course Number	Course Name	Credits	Comments	Courses with Intensive Designation	
				CORE SKILL I	ADD. CORE SKILLS
REQUIREMENTS:					
ENG101	English Composition I	3			
ENG102	English Composition II	3	Prerequisite		
PED161	Introduction to Careers in Physical Education	3			
PED164	First Aid & CPR	3			
PED162	Foundations of Health & Fitness	3			QUANTITATIVE REASONING
PSY101	Introduction to Psychology	3			
SOC101	Introduction to Sociology	3			
PHYSICAL EDUCATION AND RECREATION CONCENTRATION					
PED114	Introduction to Adventure Education	3			
PED170	Teaching Sports Skills	3			
BIO101	Human Biology	3	Prerequisite	SCIENCE & TECH	
BIO103 & BIO104	Human Nutrition & Health	4	Prerequisite	SCIENCE & TECH	
	Human Nutrition & Health Lab	1	Prerequisite		
	Physical Education Electives	3	Choose course(s) from the following: 2 credit courses: PED145, PED146, PED147; 3 credit courses: PED168, PED201, EDU101, EDU102, DAN101, DAN131, DAN141, DAN147, COP101	GLOBAL AWARENESS – DAN147 ONLY	INFORMATION LITERACY – PED201 PUBLIC PRESENTATION – PED168
	Physical Education Electives	3	Choose course(s) from the following: 2 credit courses: PED145, PED146, PED147; 3 credit courses: PED168, PED201, EDU101, EDU102, DAN101, DAN131, DAN141, DAN147, COP101	GLOBAL AWARENESS – DAN147 ONLY	INFORMATION LITERACY – PED201 PUBLIC PRESENTATION – PED168
	Physical Education Elective	3	Choose ONE from the following: PED168, PED201, EDU101, EDU102, COP101	PUBLIC PRESENTATION – PED168	INFORMATION LITERACY – PED201

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EXERCISE SCIENCE AND PRE-SPORTS MEDICINE CONCENTRATION					
PED168	Leading Fitness Activities	3		PUBLIC PRESENTATION	
PED201	Strength & Conditioning	3		INFORMATION LITERACY	
BIO115	Physiological Chemistry	4	Prerequisite	SCIENCE & TECH	
BIO121	Anatomy & Physiology I	4	Prerequisite	SCIENCE & TECH	QUANTITATIVE REASONING
BIO122	Anatomy & Physiology II	4	Prerequisite	SCIENCE & TECH	QUANTITATIVE REASONING
	Exercise Science Elective	4	Choose course(s) from the following: 4 credit courses: CHM111, CHM112, CHM121, CHM122, BIO101/BIO102, BIO103/BIO104, PHS111, PHS112; 2 credit courses: PED145, PED146, PED147	QUANTITATIVE REASONING – CHM111, CHM121, CHM122	SCIENCE – BIO101, BIO102, BIO103, BIO104, CHM111, CHM121, CHM122

				<i>Courses with Intensive Designation</i>	
<i>Course Number</i>	<i>Course Name</i>	<i>Credits</i>	<i>Comments</i>	<i>CORE SKILL I</i>	<i>ADD. CORE SKILLS</i>
ELECTIVES:					
	Fine & Performing Arts/Foreign Language/Philosophy /Religion Elective	3		GLOBAL AWARENESS – ART104, ART105, CHN101, DAN147, FRN101, FRN102, FRN201, FRN202, GER101, GER102, ITN101, ITN102, MUS112, REL101, SPN105, SPN111, SPN112, SPN201, SPN202, SPN221, SPN222, THE101	INFORMATION LITERACY – ART104, ART105, ART109, ART231, ASL203 PUBLIC PRESENTATION – ART108, ART109, ART130, DAN203, THE110, THE113 SCIENCE & TECH- ART152 WRITTEN COMMUNICATION – ART104, ART105, DAN131, ESL115, MUS224
	History & Government Elective	3		GLOBAL AWARENESS – GEO101, GOV102, HIS111, HIS112, HIS121, HIS122, HIS203, HIS221, HIS223, HIS243	INFORMATION LITERACY – HIS216, HIS243, HIS253, HIS255 PUBLIC PRESENTATION – HIS223 WRITTEN COMMUNICATION – GOV102 ONLY

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	<i>Humanities Elective</i>	3		Choices to be identified by program	<p>GLOBAL AWARENESS – ART104, ART105, ART109, ART231, CHN101, DAN147, FRN101, FRN102, FRN201, FRN202, GER101, GER102, ITN101, ITN102, LIT224, LIT263, LIT271, LIT272, MUS112, REL101, SPN105, SPN111, SPN112, SPN201, SPN202, SPN221, SPN222, THE101</p> <p>INFORMATION LITERACY – ART104, ART105, ASL203, JRN101</p> <p>PUBLIC PRESENTATION – ART108, ART109, ART130, COM111, COM115, DAN203, LIT262, LIT271, THE110, THE 113</p> <p>SCIENCE & TECH- ART152</p> <p>WRITTEN COMMUNICATION – ART104, ART105, DAN131, ENG103, ENG111, ENG113, ENG115, ESL115, LIT202, LIT211, LIT212, LIT213, LIT215, LIT224, MUS224</p>
	<i>Literature Elective</i>	3		GLOBAL AWARENESS – LIT224, LIT263, LIT271, LIT272	<p>WRITTEN COMMUNICATION – LIT202, LIT211, LIT212, LIT213, LIT215, LIT224</p> <p>PUBLIC PRESENTATION – LIT262, LIT271</p>
	<i>Math Electives</i>	3/4	<i>Physical Education and Recreation Concentration takes MAT111 or higher. Exercise Science and Pre-Sports Medicine Concentration takes MAT130 or higher.</i>	QUANTITATIVE REASONING – MAT122, MAT125, MAT130, MAT140, MAT251	
	<i>Free Elective</i>	3			