

General Studies: Movement Science Option

				<i>Courses with Intensive Designation</i>	
<i>Course Number</i>	<i>Course Name</i>	<i>Credits</i>	<i>Comments</i>	<i>CORE SKILL I</i>	<i>ADD. CORE SKILLS</i>
REQUIREMENTS:					
BIO101	Human Biology	3		SCIENCE & TECH	
BIO102	Human Biology Lab	1		SCIENCE & TECH	
BIO103	Human Nutrition & Health AND	3		SCIENCE & TECH	
BIO104	Human Nutrition & Health LAB OR	1		SCIENCE & TECH	
BIO121	Anatomy & Physiology I	4	BIO121: Prerequisite	SCIENCE & TECH	QUANTITATIVE REASONING
BIO122	Anatomy & Physiology II	4	Prerequisite	SCIENCE & TECH	QUANTITATIVE REASONING
ENG101	English Composition I	3			
ENG102	English Composition II	3	Prerequisite		
ENG103	Technical Writing	3	Prerequisite	WRITTEN COMMUNICATION	
MAT125	Statistics	4		QUANTITATIVE REASONING	
PED161	Introduction to Movement Science	2	Fall Semester Only		
PED162	Foundations of Health & Fitness	3		QUANTITATIVE REASONING	
PED164	First Responder Training	3			
PED168	Leading Fitness Activities	3	Fall Semester Only	PUBLIC PRESENTATION	
PED200	Functional Anatomy & Kinesiology	3	Fall Semester Only		
PED201	Strength & Conditioning	3	Prerequisite, Spring Semester Only	INFORMATION LITERACY	
PED211	Motor Learning & Development	3	Spring Semester Only		
PSY101	Introduction to Psychology	3			
SOC101	Introduction to Sociology	3			
	AND Complete All Electives:				
	Physical Education Electives	6			

NORTHERN ESSEX COMMUNITY COLLEGE

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	ELECTIVES:				
	<i>Fine & Performing Arts/Foreign Language/Philosophy /Religion Elective</i>	3		GLOBAL AWARENESS – ART104, ART105, ART109, ART231, CHN101, DAN147, FRN101, FRN102, FRN201, FRN202, GER101, GER102, ITN101, ITN102, MUS112, REL101, SPN105, SPN111, SPN112, SPN201, SPN202, SPN221, SPN222, THE101	INFORMATION LITERACY – ART104, ART105, ASL203 PUBLIC PRESENTATION – ART108, ART109, ART130, DAN203, THE110, THE113 SCIENCE & TECH-ART152 WRITTEN COMMUNICATION – ART104, ART105, DAN131, ESL115, MUS224
	<i>History & Government Elective</i>	3	<i>HIS 121 or higher. Must be a Global Awareness Intensive course.</i>	GLOBAL AWARENESS – HIS121, HIS122, HIS203, HIS221, HIS223, HIS243	
	<i>Literature Electives</i>	3		GLOBAL AWARENESS – LIT224, LIT263, LIT271, LIT272	WRITTEN COMMUNICATION – LIT202, LIT211, LIT212, LIT213, LIT215, LIT224 PUBLIC PRESENTATION – LIT262, LIT271