

GENERAL STUDIES: MOVEMENT SCIENCE OPTION

PROGRAM REVISION



CONTENTS

- Where Have We Been?
 - History
 - Enrollment
 - Student Success
- Where Are We Now?
 - Jobs
 - Course Revisions
 - Mission Statement
 - Transfer Agreements
- Where Are We Going?
 - New Initiatives

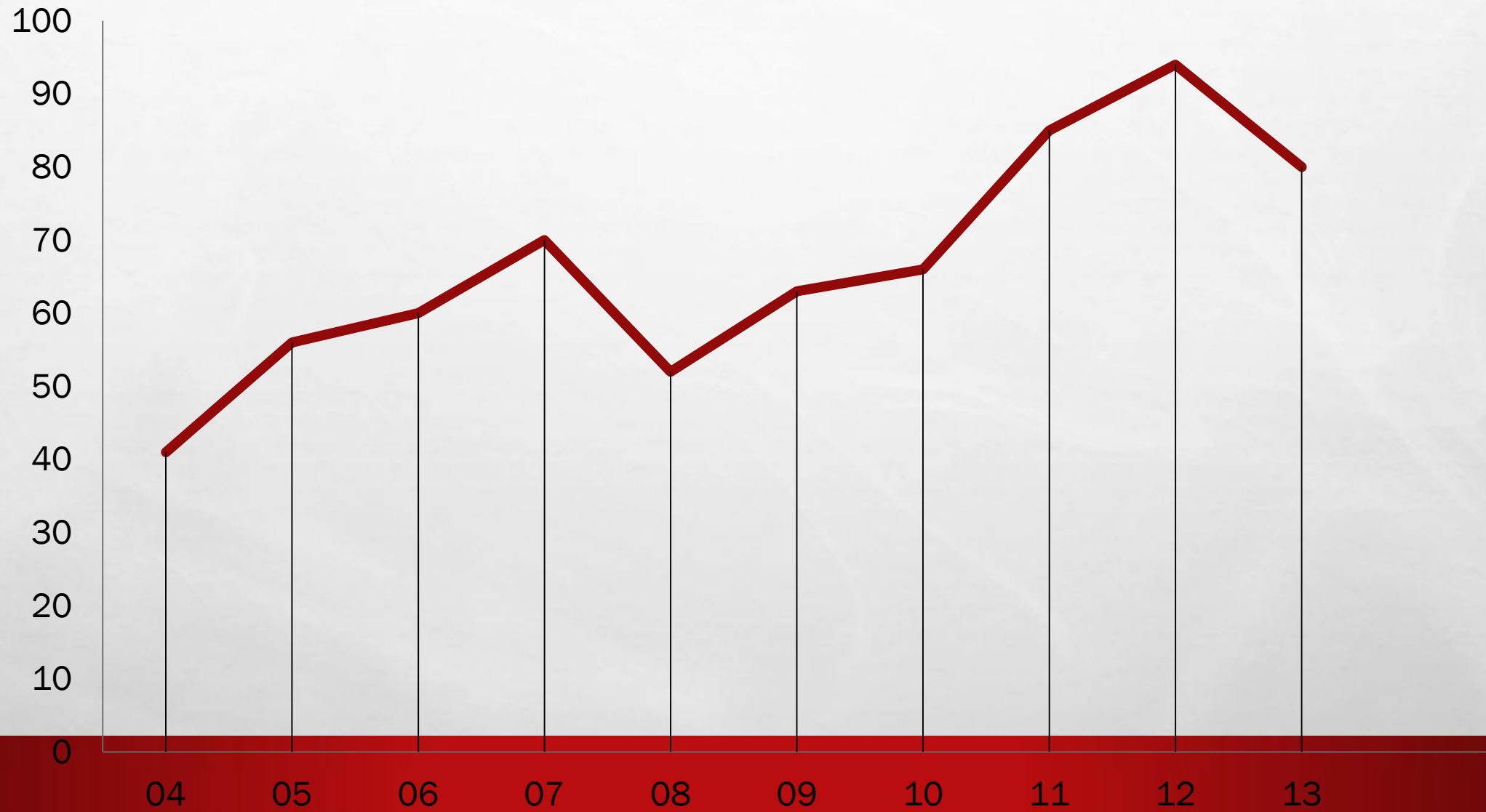


WHERE HAVE WE BEEN?

- Physical Education Teacher Prep programs
- Kinesiology and the development of the sub-disciplines
- Multidisciplinary approach
- Specialization and naming controversies



Enrollment over a 10 year period



STUDENT SUCCESS

- Over 38% of current students are engaged in professional activities in the community working and volunteering at schools, gyms, YMCAs, on campus, AAU programs and youth centers.
- Graduates of the program are PE teachers, YMCA administrators, recreation directors and fitness professionals.
- 11 students in AY13 transferred to UMASS – Lowell, Salem State University, Bridgewater State University, UNH, Springfield College and Endicott.



WHERE ARE WE NOW?

JOB MARKET

According to the Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook (2012-13):

“Employment of fitness trainers and instructors is expected to grow by 24 percent from 2010 to 2020, faster than the average for all occupations.”



PROGRAM REVISIONS

General Studies: Movement Science Option

- Course Revisions –
 - PED 161, Changed name from Careers in Physical Education to Introduction to Movement Science. Is now a 2-credit course.
 - PED 164, Changed from First Aid & CPR to First Responder Training
 - PED 168, Leading Fitness Activities became a Public Presentation Intensive course
 - PED 201 Strength & Conditioning became an Information Literacy course
- 1 new course requirement - ENG103 Technical Writing

NEW COURSES

- PED200 Functional Anatomy & Kinesiology
 - Students will be able to assess movement patterns and provide corrective instruction.
- PED211 Motor Learning & Development
 - Students will be able to develop movement programs for people of different ages and developmental levels.

MISSION STATEMENT

The mission of the General Studies: Movement Science Option is to provide students with a solid scientific foundation in the movement sciences in preparation for further study towards a bachelor's degree in a movement science sub-discipline.

Students also gain practical skills that will allow them to deliver quality physical activity programming in the community.

TRANSFER AGREEMENTS

- Salem State University - Sport & Movement Science Program
- Springfield College – Movement & Sport Studies Program



WHERE ARE WE GOING?

- Additional Transfer Agreements
 - UMASS Boston
 - Merrimack College
 - UMASS-Lowell
- Expand the movement science program to Lawrence Campus and Lawrence YMCA
- Investigate adding evening courses

CERTIFICATIONS

- First Responder
- Personal Trainer
- Performance Enhancement Specialist
- Corrective Exercise Specialist
- Senior Fitness Specialist
- Youth Fitness Specialist



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Thank You!