

Issue	Recognize	Respond	Refer	Report
Depression/ mental health	 Significant changes in appearance, behavior or academic performance Poor attendance Difficulty concentrating Self-disclosure of a mental health history Disturbing content in paper/emails Irrational or bizarre behavior 	 Express concern and care Give an example of behavior that worries you Ask student if they have supports on or off campus Encourage students to use free services on campus 	Counseling and Psychological Center: 978-556-3730 For free short-term treatment Learning Accommodations Center: 978-556-3654 For assistance with academic accommodations	Fill out CCOT form Can consult with: Director of Student Life: 978-556-3818 Counseling and Psychological Center: 978- 556-3730
Misconduct/ disruption	 Disruptive Conduct: Inappropriate outbursts or persistent interruptions, continued arguing beyond the scope of academic debate, use of threats Disorderly Conduct: * Throwing items, refusing to leave, preventing others from leaving, Showing or stating they have a weapon call 911. 	 Express concern and care Explain the impact of the student's behavior on the group or class Outline your expectations and help student explore options *Disorderly conduct and threatening behaviors require immediate action 	Advice and consultation: Student Conduct Administrator 978-556-3818 Counseling and Psychological Center: 978-556-3730	Fill out Conduct form Student Conduct Administrator 978-556-3818 Public Safety: 978-556- 3333 For immediate assistance 911
Suicidal thoughts/ risk to self	 Written or verbal statements preoccupied with death or that convey intent to harm self or others Fresh cuts, scratches or other wounds Statements of hopelessness such as "I hate this life" or "Everyone is better off without me" Threats such as "if I do not pass this exam, my life is over." 	 Express concern and care Discuss specific behaviors that have concerned you Always take suicidal statements, thoughts, or behaviors very seriously If possible, ask directly about their feelings and plans 	Strongly encourage contact with Counseling and Psychology Center: 978-556-3730 Advice and consultation: Counseling and Psychology Center: 978-556-3732	Call 911 if there is an immediate threat Alert the Counseling and Psychological Center: 978-556-3730 Director of Student Life: 978-556-3818 Fill out CCOT form
Victim of sexual or relationship violence	 Appears fearful or unusually anxious Visible injuries or bruises Crying or leaving when sexual violence, domestic violence, stalking or child abuse is the topic Self-disclosure of past sexual assault or domestic assault 	 Listen to and believe student's responses Ask if they feel safe in the present Encourage students to access supports and resources (Title IX) Inform student that you will contact Title IX coordinator 	Counseling and Psychological Center: 978-556-3730 Director of Student Life 978- 556-3818	You must report to: Title IX Coordinator: Justine Caron 978-556-3956 Fill out title IX form
Medical issue	 Frequent or extended absences related to medical issue 	Express care and concern	Learning Accommodations Center: 978-556-3654	Fill out CCOT form
Alcohol or drug abuse	 Intoxicated/high in class or at meetings or events Deterioration in physical appearance (bloodshot eyes, dilated pupils, trembling hands, etc.) Unusual smells on breath, body or clothes 	 Express concern and care Give an example of a time that the student's behavior has worried you Be supportive and encouraging if the student agrees to get help. 	Counseling and Psychological Center: 978-556-3730	Fill out CCOT form

Campus Resources

Counseling and Psychological Center 978-556-3730 after hours 978-360-8334

Student Social Services 978-556-3471

NECC Public Safety: 978-556-3689 (Haverhill)

(Lawrence) 978-738-7499

Director of Students Life: 978-556-3818

Student Conduct Administrator: 978-556-3818

Learning Accommodation Center 978-556-3654

Deaf and Hard of Hearing Services 978-241-7045 (VP/V)

Never Worry Alone!

- If you are feeling overwhelmed and are in need of additional support when dealing with distressed students, consult your supervisor, head of division, or the director of student life
- For staff consider seeking professional help. Contact NECC's Employee Assistance Program Higher Ed EAP 24/7 1-800-252-4555 www.higheredeap.com

Emergency Services & Community Resources

Off campus emergency: 911 On campus emergency dial 978-556-3689 or ext. 3333 from any campus phone

Psychiatric Crisis Team, Lahey Behavioral Health (24-hour mobile crisis team): 800-281-3223

YWCA Sexual Assault & Domestic Violence 24/7 877-509-9922

National Suicide Prevention Lifeline 1-800-273-8255

Massachusetts Department of Public Health Addiction Helpline 24/7 800-327-5050

Get Help Now: Crisis Text Line Text "START" to 741-741